



Weekly Bulletin

8th November 2024

Dear Parents/Carers, Learners, and Staff,

Welcome Back!

We hope everyone had a restful half-term break and a chance to recharge. As we settle into the second half of term, please remember to dress warmly as the autumn chill has truly set in! It is a good idea for learners to bring coats to school, as we want them to stay cosy and healthy for all their outdoor activities.

In this week's newsletter, attached is an overview of the GCSE English and English Literature curriculum to give you an insight into what our learners are working on in these important subjects. They are a visual representation of the subjects including the texts. We also have a request from the House of Basketball, which you will find alongside our regular features.

Next week is Anti-Bullying Week **Monday 11th - Friday 15th November**. It is an annual event that aims to raise awareness of bullying of young people, with an emphasis on prevention and effective responses to bullying. It began in 2002 and is coordinated by the charity [Anti-Bullying Alliance](#). **Odd Socks Day** is taking place on Tuesday 12th November, with adults and young people being encouraged to wear odd socks to celebrate what makes us all unique. How about you?



November brings a lot to look forward to as the days get shorter and the seasons shift. With the anticipation of Bonfire Night (continuing on to this weekend I suspect!), Remembrance Day, and even early preparations for the holiday season of Christmas, it is a month rich with reflection, community spirit, and growth. Let's make the most of these autumn weeks together!

Warm regards,

D. E Seagrove and The Belgrave Team



From our SEN Lead, Mrs Cormack **Striking a balance!**

It is really important for our learners that we strike a balance at school between academic and non-academic subjects and activities. This is for several reasons, the first of which is that a good balance of activities goes a long way support our learner's social, emotional and mental health. Secondly, we need to give our learners an academic foundation of knowledge and skills to build on. Thirdly, we aspire for our learners to be well rounded and independent individuals. By offering activities outside of the academic curriculum we can help the learners explore their interests, further their social interaction experiences and personal development opportunities.

This means by the time our learners reach Year 11, they are ready to leave us with an idea of what they would like to do next and feel confident and independent to do so.



Assembly: Issues of Importance

On 5 October 1936, around 200 men set out to march from the town of Jarrow, near Newcastle, to London. They had a mission: to protest against the levels of poverty and hunger in the town, and to take a petition to the British government requesting industrial investment in Jarrow. Why was this necessary? Two years earlier, the town's biggest employer, Palmers' shipyard, had closed, resulting in mass unemployment. The men marched for nearly four weeks, receiving food and accommodation from sympathetic crowds along the way. When they reached London, they were given a great public welcome.



The Jarrow marchers delivered their petition to Parliament, but it was never debated. They returned home deflated, believing that they had not achieved anything. In fact, though, their march was an inspiration to later generations. It was the spark for many of the social reforms that happened ten years later, so the Jarrow March had a measure of success.

What would you march for?

Do you have major concerns about issues in the world?

Are your beliefs so important that you think everyone should know about them?

Over the last few years, many school students have taken part in marches about climate change. Others have protested about online safety, about the safety of women and about abuse and exploitation. Some of these marches have been very effective – there is certainly a greater awareness of climate issues now. The Jarrow marchers became an inspiration. What seems most important is that these people were willing to stand up and speak out about what they believed.

This clearly related to one of our school values – integrity.

Next week, **Bristol Youth Council want to hear young people's voices!**

Bristol City Youth Council are looking for people from Bristol, aged 11 to 24, to complete their online Climate Action Survey.

Our learners will have the opportunity to contribute. Below you can find the link to a video that was used in assembly to help explain more about the survey and the importance of young people having a voice in shaping Bristol's future.

 Deadline: November 30 2024.

 Find out more in this video: <https://www.youtube.com/watch?v=3J0r45jUSx8>

This project is in partnership with InterClimate Network.



Study Skills for Year 11

Year 11 started a study skills session this week. They tried out revision via the Pomodoro Method. We amended the time and ran the session for 10 minutes. Going forward, we will build on this time incrementally.

Please also see a great resource from BBC Bitesize for A Christmas Carol, it includes podcasts, quizzes etc. Below are the links for you to enable your child to access and revisit at home (time allowing).

[Pomodoro® Technique - Time Management Method](#)

[A Christmas Carol - GCSE English Literature - BBC Bitesize](#)



Square Foods recipes

Butternut squash and chickpea curry -

1 medium butternut squash
1 onion
4 garlic cloves
Thumb sized piece of ginger
1 tbsp curry powder, medium
1 tsp garam masala,
1/2 tsp ground cumin
1 tin 400ml coconut milk
300ml vegetable stock
400g chickpeas
Salt and pepper

To serve-
Chopped coriander
Brown rice

Preheat oven to 200C. Cut both ends off the squash, peel it and cut in half lengthways. Cut into roughly equal sized cubes about 1/2-1 inch.

Place on a large baking tray, drizzle generously with oil salt and pepper, toss and place in the oven for 35-40 minutes until soft through and starting to brown on the edges.

In the meantime, start the curry. Add some oil to a pan on medium heat, add the finely chopped onion. Stir and fry for a few minutes then add crushed garlic and grated ginger. Leave to cook for a further minute.

Add all the spices - curry powder, garam masala and cumin. Cook for 30 seconds until fragrant, add a little more oil if needed so it doesn't burn.

Add the coconut milk and vegetable stock. Bring to a gentle simmer and let cook for 10 minutes.

Blitz with a stick blender.

Add the chickpeas and cook for a further 5-10 minutes, it should have thickened and be nice and creamy. Taste the sauce and season with salt and pepper. If you like it spicy you can add some chilli powder.

Add the roasted butternut squash, stir, and serve! Top with some chopped fresh coriander and serve with brown rice.

Raita –

250g yogurt
1 garlic clove
2 sprigs of mint leaves chopped
½ cucumber grated

Mix all the ingredients and season.

Dan Ford | Kitchen Manager and Community Cookery Teacher
dan@squarefoodfoundation.co.uk



House of Basketball request

Below is from Dan Edozie, Director of House of Basketball. He delivers mentoring through collaborative sport and has just started working with Year 8.

Dear House of Basketball members, Parents, Carers and young participants,

We hope this message finds you well. We're reaching out to invite you to join hands with us in supporting an initiative that is making a real difference in the lives of young people around the local community.

House of Basketball is dedicated to providing a safe, positive, and engaging space for kids in Bristol, particularly those in deprived areas. Through basketball, mentorship, and community programmes, we're helping kids stay active, build confidence, and avoid the negative influences of street life. But we can't do it alone—and that's where you come in!

By supporting us through Co-Op Shops, you can help House of Basketball reach more young people and provide them with access to resources, coaching, and a community that cares about their future.

Here's how you can support:

1. Use this [Co-op](#) link to support House of Basketball by either becoming a member or login in to donate to a cause. It's £1 to register via downloading the Co-op App and then you can choose House Of Basketball as your cause.

Or

2. Donate or volunteer if you're able to contribute in other ways—every bit of help makes a difference.

Your support will enable us to expand our programs and reach more young people who need a safe and inspiring environment to grow, play, and learn. Together, we can create lasting change, one kid at a time.

Please pass this onto family members, friends, work colleagues and any organisations that could support us too.

We are truly grateful for your continued support and being a part of this journey. Let's work together to build a brighter future for our young people in Bristol.

Kind regards,

House of Basketball Team

This Week:

Each week, our dedicated Learning Support Mentors will shine a spotlight on their classes achievements and provide a concise synopsis of their week's events.

Key Stage 2 Class What an amazing start to this term, we had a wonderful trip to the museum on Tuesday where we saw the wildlife photographer of the year photos.

We also visited our school allotment and harvested spring onions and beetroots to use within our cooking next week. Our Maths topic is "time" and we have been learning the days of the week, the months of the year and will move on to telling the time on an analogue clock.



Year 7 Class This week in Year 7, we visited the museum and saw the Wildlife Photographer of the Year exhibition. We also went to the allotment to pick some beetroot, which we will use to make beetroot brownies next week.



Year 8 Class enjoyed the trip to the museum. In Science we finished off our space project. In Practical Maths, we looked at budgeting and what it is; we will focus on this over the next half term.

Year 9 Class In Personal Social and Health Education, under the theme of Celebrating differences, we began to explore the world of Diversity, Discrimination and Equality. We had a long discussion about carrots! Which one of these carrots would you prefer and why?



Year 10 Class On Tuesday, we visited Bristol Museum and Art Gallery, to look at the new photography exhibition displaying images of animals in nature. We then used the rest of the morning to browse the other art and history collections. In the afternoon, our class went to Square Foods and made vegetable and squash in a mild coconut curry with a raita (yogurt and cucumber) sauce.

English: We are continuing with exploring and analysing Macbeth, looking at how characters are represented in the story. We have started to look at Charles Dickens, the Christmas Carol and why the author would portray the characters in such a way.

Maths: We have continued looking at fractions, solidifying our understanding of equations involving fractions.

Science: We were diving into the cell cycle and looking into the process of mitosis and sexual and asexual reproduction.

Art: We were finishing our exploration of identity. We have drawn vases that represent ourselves and have cut these out to create printed art.

Geography: We are continuing with our exploration of coasts; we are looking at the effects of erosion on coasts and riverbeds.

Year 11 Class After a week of a much-needed rest, some of our Year 11 learners were right back in the thick of it, as they had their Functional skills exams for English and Maths at the start of this week. In lessons, our learners are going back over *A Christmas Carol* and analysing the themes in English and in Biology they went over the unit module for the unique features of cells in animals and plants. This term they are also starting kick boxing lessons in PE, which was a hit with the learners (quite literally - with pads of course!) After an intense warmup, our learners were eager to get the gloves on and they practised their punching and front kick techniques with brilliant guidance from the instructors.



Dates for the diary next term:

- 5-15/11/2024 Work Experience Fortnight for Year 11s – choice of a week during this time to do work experience
- 8-29/11/2024 Into Film Festival for Schools
- 11/11/2024 Anti-bullying Week – Anti-bullying Alliance Theme: Respect
- 12/11/2024 Odd Socks Day – wear odd socks to show support for the Anti-bullying Week
- 18/11/2024 Mocks for Year 11 begin
- 28/11/2024 Parent/Carers Evening for Years 10 and Year 11 Teams online appointments
- 3/12/2024 Parent/Carers Evening for Key Stage 2 and Years 7, 8, 9 Teams online appointments
- 16/12/2024 Christmas Lunch for all
- 17/12/2024 End of term