



Belgrave School Menu

Week 1

Day	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Drink Cereals with milk Banana	Drink Cereals with milk Croissants or brioche roll with butter and jam Melon	Drink Cereals with milk Toast, marmite or jam Pear	Drink Cereals with milk Continental breakfast of cheese, ham & tomato Pineapple	Drink Cereals with milk Toasted Bagels with jam or honey Apple
Lunch	Cheese and tomato pasta served with garlic bread	Chicken curry and rice	Cottage pie and seasonal vegetables	Spaghetti bolognese	Hotdog sausages and chips
Pudding	Chocolate crispies	Fruit	Jelly	Shortbread	Cupcakes
Alternatives	Jacket potato with cheese, beans or tuna; or cheese / ham sandwiches	Jacket potato with cheese, beans or tuna; or cheese / ham sandwiches	Jacket potato with cheese, beans or tuna; or cheese / ham sandwiches	Jacket potato with cheese, beans or tuna; or cheese / ham sandwiches	Jacket potato with cheese, beans or tuna; or cheese / ham sandwiches

Week 2

Day	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Drink Cereals with milk Toasted muffins with jam or honey Apple	Drink Cereals with milk Granola bar Banana	Drink Cereals with milk Toasted bagels Pear	Drink Cereals with milk Natural yogurt with fruit	Drink Cereals with milk Pancakes with homemade fruit compote
Lunch	Quorn bolognese and garlic bread	BBQ chicken, garlic new potatoes and seaasonal vegetables	Sausage pasta	Chilli and rice	Pizza and chips
Pudding	Fruit	Chocolate crispies	Jelly	Chocolate cookies	Cupcakes
Alternatives	Jacket potato with cheese, beans or tuna; or cheese / ham sandwiches	Jacket potato with cheese, beans or tuna; or cheese / ham sandwiches	Jacket potato with cheese, beans or tuna; or cheese / ham sandwiches	Jacket potato with cheese, beans or tuna; or cheese / ham sandwiches	Jacket potato with cheese, beans or tuna; or cheese / ham sandwiches