



Weekly Bulletin

2nd October 2026

Bridge Class



Last Friday, Bridge Class visited Brandon Hill and Cabot Tower as part of their enrichment programme, learning more about some of Bristol's most well-known landmarks. Learners enjoyed exploring the area, discovering the history of Cabot Tower, and taking in the spectacular views across the city. The visit provided a valuable opportunity to develop their knowledge of Bristol's local heritage while learning beyond the classroom.



For Bridge Class, half of the learners enjoyed a practical cooking session where they made focaccia bread from scratch, while the other half visited Otter Garden Centre to buy plants for Bridge's new garden area.

At the garden centre, learners used both vouchers and cash, giving them valuable experience of different methods of payment, budgeting, and making choices within a set amount of money. They carefully read plant labels to find out what they could afford, where different plants would grow best, and how to care for them.

Meanwhile, the bread-making group developed a range of important life skills by following a recipe, measuring ingredients, mixing, folding, proving, and baking the dough.



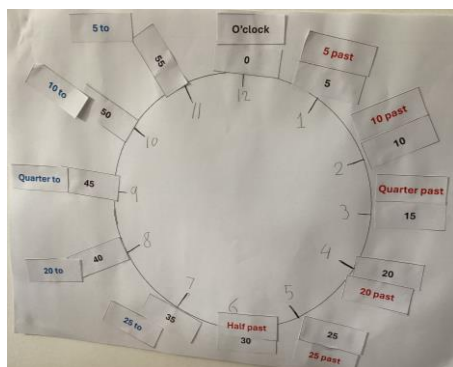
The activity encouraged teamwork, communication, and independence, while giving learners the opportunity to enjoy the rewarding process of creating something delicious from start to finish. Both activities provided meaningful, hands-on learning experiences that supported literacy, numeracy, and preparation for adulthood skills.



Bridge Class recently enjoyed a wonderful musical experience thanks to our talented Deputy Principal, Karen Thackery, who visited the class with her violin. Learners listened attentively as Karen demonstrated the instrument and performed a selection of pieces, giving them the opportunity to experience live music up close. The session was highly interactive, allowing learners to ask questions about the violin, how it produces sound, and what is involved in learning to play an instrument. Learners were also given the chance to carefully touch and hold the violin, exploring its different parts and gaining a better understanding of how it works. The visit sparked curiosity and

enthusiasm, providing a memorable sensory and cultural experience that was enjoyed by everyone in the class.

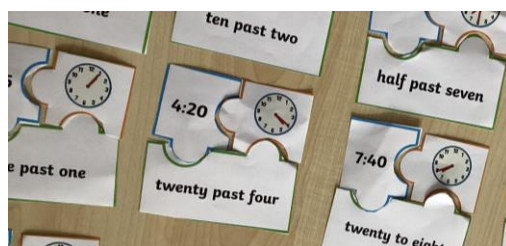
Telling the Time with Avon Class



Throughout the term, learners in Avon Class have been developing their understanding of time through a range of practical and engaging activities. They have been practising reading analogue and digital clocks, recognising key times throughout the day, and understanding concepts such as o'clock, half past, quarter past, and quarter to. The class has enjoyed using interactive games, visual timetables, and real-life scenarios to build confidence and

independence.

Learners have linked their time-telling skills to daily routines, helping them understand when different activities take place and supporting their preparation for adulthood. By applying their learning in meaningful contexts, Avon Class have made excellent progress in recognising and using time as an important life skill. Well done, Avon Class.



Craft Club

This week, Craft Club celebrated Food Waste Awareness Day through a fun and creative activity using a variety of fruits and vegetables. Learners explored different colours, shapes, and textures to create unique cards and patterns, discovering how everyday food items can be used in imaginative ways. The activity encouraged creativity, fine motor skills, and artistic expression while also helping learners think about the importance of reducing food waste. Using fruit and vegetables in their artwork sparked discussions about sustainability, making the most of resources, and appreciating the food we have. Everyone enjoyed experimenting with different designs and creating colourful pieces of artwork, making it a memorable and engaging way to raise awareness about food waste.



Art Lessons

Sophie and Gracie have been developing their sewing and textile skills by learning how to create and cut patterns during Art lessons.

The learners began by drawing a person on paper before transferring their designs onto felt. They then carefully cut out their patterns and used a running stitch to sew the pieces together, demonstrating excellent concentration and perseverance throughout the process.

Gracie added a special personal touch by giving her felt person a gold medal, while Sophie learnt how to attach poppers and designed an outfit inspired by a photograph of her favourite jumper. This helped her explore how clothing can be recreated through textiles and design.

Both learners have shown creativity, attention to detail, and growing confidence in using sewing techniques, resulting in unique and personalised finished pieces that they are very proud of.



Online Safety Update for Parents and Carers

As part of our ongoing commitment to keeping our learners safe online, we would like to share some important information regarding emerging online safety concerns linked to the gaming platform Roblox and online groups sometimes referred to as "Com" (Community) networks.

Recent media reports have identified examples of self-harm themed avatars, clothing, and links that may direct users towards unregulated online communities where harmful content can be shared. These networks have been associated with the encouragement of self-harm, exposure to inappropriate content, coercive behaviour, and the grooming of vulnerable young people through online chat platforms.

While platforms continue to remove content that breaches their policies, we encourage all parents and carers to remain vigilant, particularly if children are:

- Spending significant amounts of time on online gaming platforms.
- Using avatars, clothing, or profile features depicting injuries, self-harm, or violent imagery.
- Joining private chat groups or moving conversations from gaming platforms to external messaging services.
- Showing sudden changes in mood, behaviour, online habits, sleep patterns, or emotional wellbeing.
- Becoming secretive about their online interactions.

Advice for Parents and Carers

To help keep children safe online, we recommend:

- Reviewing privacy, communication, and parental control settings on gaming and social media accounts.
- Having regular conversations about online safety and encouraging children to speak up if something online worries them.
- Monitoring friend requests, private messages, and any links shared through games or social media.
- Reporting concerning content directly to the platform and seeking advice if you have safeguarding concerns.

How We Can Help

At Belgrave School, safeguarding remains our highest priority. We are sharing this information as a precautionary online safety update and will continue to educate learners about staying safe online.

If you have any concerns about your child's online activity or wellbeing, please contact our safeguarding team for support and advice.

Thank you for your continued partnership in helping to keep our children safe both online and offline.

PSHE/RSE Update for Parents and Carers

If you were unable to attend our recent PSHE/RSE information session, please do get in touch if you have any questions or would like further information about the topics your child will be covering this term.

This term's learning includes:

- Healthy Eating
- Self-Care
- Mental Health and Wellbeing
- First Aid
- Personal Budgets

I will also be available to speak with parents and carers at the Parents' Afternoon later this term and would be happy to discuss any aspect of the curriculum with you.

Many thanks,

Jacqueline Milliner

Assistant SENDCo, PSHE Tutor and EDI Lead

Words Matter

At Belgrave, we know that the way we speak to children can have a lasting impact on their confidence, wellbeing and development. We are supporting the important message from Words Matter, a charity dedicated to raising awareness of the effects of verbal abuse and promoting positive, encouraging communication with children.

Their message is simple: words have power, and kind, supportive language helps children thrive. We encourage all parents and carers to take a look at the Words Matter website, which contains helpful information, advice and resources for families and professionals working with children:

<https://wordsmatter.org/>

"Let's build children up, not knock them down." This reflects a message that sits closely with Belgrave's values of kindness, respect and positive relationships.



Belgrave's BRISTOL Champions



Belonging Champion - Ben (Avon): For helping others feel welcome, valued and part of the Belgrave community.

Respect Champion - Alex (Banksy): For consistently showing respect to others, the environment and school expectations.

Inclusion Champion - Sophie (Avon): For including others and helping everyone feel involved and supported.

Safety Champion - Lilly (Bridge): For making safe choices and helping to create a safe environment for everyone.

Try Champion - Jack (Bridge): For demonstrating determination, resilience and a willingness to keep trying.

Ownership Champion – Jack C (Concorde): For taking responsibility for actions, choices and personal growth.

Learning Champion - Billy (Banksy): For showing curiosity, engagement and pride in learning.

Key Dates

8 October 2026, 3:00pm

- Year 11 Online Information meeting

16 October 2026, 2:00pm

- Parents' Garden Party linked to World Food Day, including a parent suggestion box for the back area of the school

9-20 November 2026

- Mock Examinations Fortnight – information to follow

10 November 2026

- Banksy Class Trip to *Six the Musical*

26 November 2026

- Cabot Class Hinkley Point Science Trip

8 December 2026

- Parents afternoon/evening - information to follow

14-18 June 2027

- Year 10 Work Experience – information to follow

Belgrave School



With Miss Roberts

**All welcome!
Come and get
creative!**

Join us for fun crafts • Painting • Drawing • Paper Craft • and more!

TRADE
BATTLE
COLLECT
SHARE
PLAY

ALL
TRAINERS
WELCOME



POKÉMON CLUB

**GOT CARDS?
BRING YOUR PASSION!**



BATTLE

PLAY AGAINST
OTHER TRAINERS
USING DECKS



USE A DECK

TRY OUT OUR
PRE-BUILT DECKS
OR BRING YOUR
OWN!



TRADE

SWAP CARDS
AND GROW
YOUR COLLECTION



SHOW OFF

BRING YOUR
FAVOURITE CARDS
AND SHARE THEM
WITH OTHERS



**MONDAY & THURSDAY
12:40 - 1:20**



EVERYONE WELCOME!

**SAME GAME.
NEW FRIENDS.
A BRIGHTER TOMORROW.**



**GOTTA
CATCH 'EM
ALL!**

COLLECT • BATTLE • TRADE • BELONG

DUNGEONS & DRAGONS CLUB

IMAGINATION
FRIENDSHIP
ADVENTURE
FOR EVERYONE!

ROLL
PLAY
EXPLORE
CREATE
BELONG

NEW
PLAYERS
ALWAYS
WELCOME!

THE
MIDNIGHT CIRCUS
NOT ALL WHO WANDER ARE LOST...

STRANGE CREATURES
MYSTERIOUS PUZZLES
AMAZING STORIES
CAN YOU ESCAPE?

ADVENTURE
CREATIVITY
TEAMWORK

GREAT
STORIES
START
HERE!

 **TUESDAY**
12:40 - 1:20

 **AVON CLASS**

 ALL
ABILITIES
WELCOME

 WE PROVIDE
EVERYTHING
YOU NEED

 FUN, FRIENDLY
AND INCLUSIVE

ROLL FOR A BRIGHTER LUNCHTIME!

DUNGEONS & DRAGONS

SAME GAME.
A BROKEN WORLD.
NEW STORIES.

ADVENTURE
SURVIVE
EXPLORE
REBUILD

WHEN
THE SKY
FELL...
THE REAL
QUEST
BEGAN.

SOME
WORLDS
END.
BETTER
ONES
BEGIN.



WEDNESDAY & FRIDAY
12:40 – 1:20



CONCORD CLASS



NEW PLAYERS
WELCOME



ALL
EXPERIENCE LEVELS



PLAY
CREATE
EXPLORE



IN A WORLD
THAT NEEDS HEROES

ROLL FOR A BRIGHTER TOMORROW

Uniform Expectations

We understand the importance of comfort, particularly for many of our learners. However, we also want learners to take pride in their appearance and present themselves appropriately within the school community. Wearing suitable clothing helps create a positive learning environment and prepares learners for future education, training and employment settings.

Where possible, learners should wear:

- Belgrave School polo shirt
- Belgrave School hoodie or sweatshirt
- Comfortable clothing suitable for learning
- Safe and practical footwear

The following are not permitted:

- ✗ Revealing clothing (including vest tops, crop tops, low-cut tops, see-through clothing, visible underwear or short skirts)
- ✗ Beachwear or pyjamas
- ✗ Clothing with offensive, political, alcohol, drug or gambling-related messages
- ✗ Excessively ripped, tight-fitting or unsuitable clothing
- ✗ Unsafe footwear, including flip-flops, sliders, backless shoes or high heels
- ✗ Excessive jewellery or items that present a safety risk

Working Together

At Belgrave School, we believe that the best outcomes are achieved when learners, families and staff work together. We are committed to listening to our learners, valuing their views and creating an environment where they feel safe, supported and able to thrive.

Thank you for your continued support. We are looking forward to another successful year and to working together with our learners and families to create a positive, supportive and ambitious school community where every learner can flourish.

Free support for parent carers this October

Children are welcome at all Peer Support sessions. Ask us about bus fare refunds.

1 Navigation & Nurture

Complex Needs Peer Support
with Murmuration

St Anne's House, BS4

10AM-12PM

1 Bristol Parent Carers Peer Support

Free education advice and
support from SEND & You

Symes Centre, BS13

12:30-2PM

6 Understanding Autism, ADHD & AuDHD

with Neurodiverse Training

Online

6:30-8:30PM



8 Bristol Parent Carers Peer Support

Free education advice and
support from SEND & You

Greenway Centre, BS10

9:30-11AM



12 Understanding Dyslexia & Dyspraxia

& other Specific Learning Differences
with Laetitia Tempelman

Online, Recorded

7-9PM

14 Bristol Parent Carers Peer Support

Support from people who
understand your experiences

Inns Court, BS4

10:30-12:30PM

15 Let's Talk About SEND Support in School

Your voice matters!

Online

7-8:30PM



15 Bristol Parent Carers Peer Support



Online

12-1PM



19 School Transitions with Confidence & Calm

with Murmuration

Online

12-2PM

21 Bristol Parent Carers Peer Support

Support from people who
understand your experiences

The Old Library, BS16

9-11AM

22 SEND Together Global Majority

Support from people who
understand your experiences

Junction 3 Library, BS5

10AM-12PM

Scan here
to book your
FREE session



<https://linkbristolparentcarers.org.uk/gethelp>

Need BSL or support with English? Just let us know when you book.

PRACTITIONER LED SESSIONS

TERM 1

Supporting families who need extra help

At Bristol Parent Carers, we understand that parenting a child with Special Educational Needs and Disabilities (SEND) can sometimes feel challenging and overwhelming.

That's why we offer **FREE** sessions for families. Some are even recorded.



UNDERSTAND
your child's needs



LEARN
practical strategies
and approaches



BUILD CONFIDENCE
in supporting your child



CONNECT
with professionals
and other parents

We know that being a SEND parent comes with unique challenges, and we want to help lighten the load by giving you access to as many tools, skills and sources of support as possible.

You don't have to do it alone.



Sept 10 **EHCP Phase Transfer Reviews**
Online
7-8:30PM

Sept 17 **Navigating Support in School Without an EHCP**
Online
7-8:30PM

Sept 23 **School Based Anxiety and School Trauma, incl EBSA**
Online
7-8:30PM

Sept 24 **A Guide to Support, Services and Speaking Up**
Greenway Centre, BS10
10AM-12PM

Sept 28 **Neurodiversity Without a Diagnosis**
Online
7-8:30PM

Oct 6 **Understanding Autism, ADHD and AuDHD**
Online
6:30-8:30PM

Oct 12 **Dyslexia, Dyspraxia and other Specific Learning Differences**
Online
7-9PM

Oct 19 **School Transitions with Confidence and Calm**
Online
12-2PM

Scan here
to book your
FREE session



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Need BSL or support with English? Just let us know when you book.

BRISTOL PARENT CARERS

Help shape our future

Join our AGM or put yourself
forward to become a trustee.

19 OCTOBER · 12–1:30PM · ONLINE

www.bristolparentcarers.org.uk/becomeatrustee/



Upcoming Inclusion & SEN Friendly

Bristol Parent Carers – SEND Coffee Mornings & Workshops



Various locations across Bristol

Free events for parents & carers

Bristol Parent Carers run a wide range of inclusive, low pressure events including:

- SEND coffee mornings in North, South and Central Bristol
- Workshops on sensory processing, anxiety, additional needs and more

These sessions help families meet others, understand local services and access nonjudgemental support.

Event listings:

<https://www.eventbrite.com/o/bristol-parent-carers-7809612275>

Organisation website:

<https://www.bristolparentcarers.org.uk>

Bristol SEND Events Calendar (Ongoing Inclusive Sessions)

A continually updated calendar of inclusive events, activities, support sessions and workshops for children and young people with additional needs, curated by Bristol Parent Carers and local SEND organisations.

Calendar:

<https://www.bristolparentcarers.org.uk/events/>



ARE YOU WORRIED ABOUT ANYTHING?

Family worries? Bullying?
Racism? Anxiety? Social
media? Unsafe behaviour?
Drugs? Sexuality?
Self-harm? Homophobia?
Substance abuse?

Designated
Safeguarding &
Prevent Lead



Gwen

Deputy Designated
Safeguarding Leads



Amy and Karen

I need someone to talk to.

I'm worried about a friend.

I need help!



Speak to us.
We're here to
listen to you!

Just remember
you can speak
to ANY
member of
staff about
ANYTHING at
ANY TIME - we
are here for
you.

Remember our
online safety
rules and be
smart on the
internet!

