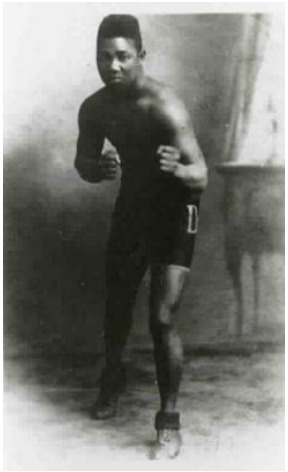
Weekly Bulletin

6th November 2026

Black History

As part of our Black History Month assembly, learners explored the importance of celebrating the achievements, contributions and heritage of Black people in Britain and around the world. They learned about the history of Black History Month, which has been celebrated in the UK every October since 1987, and discussed why learning about diversity and inclusion helps to strengthen our communities.



The assembly highlighted a number of inspirational Black figures with strong links to Bristol, including Princess Campbell, Carmen Beckford, Cleo Lake, Ellis Genge and Serena Weibe, recognising their contributions to healthcare, community leadership, sport and youth work. A particularly special moment for our school was learning about Dixie Brown, a professional boxer who moved to Bristol in 1923 and became a respected figure within the local community. Following an injury that ended his boxing career, he settled in Knowle West where he was widely admired and visited by African American soldiers during the Second World War. We were especially proud to learn about his story as he is the great-grandfather of one of our learners, creating a meaningful personal connection to Bristol's rich Black history.

The assembly concluded with a reminder that Black history is an important part of British history and should be celebrated and explored throughout the year, not just during October.

World Jellyfish Day – Craft Club

In Craft Club, we celebrated World Jellyfish Day. The learners enjoyed discussing animals that live in the ocean, sharing their favourite sea creatures, and talking about whether they had ever seen a jellyfish before. We then got creative with some fantastic jellyfish-themed crafts. It was wonderful to see such enthusiasm, imagination, and curiosity about marine life from everyone involved!

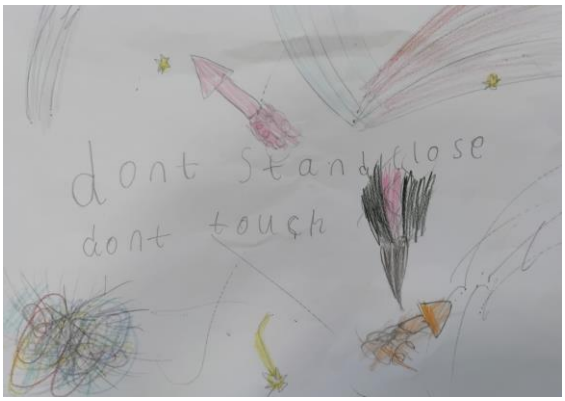


Art in Nature Club

This week marked the very first session of our Art in Nature Club. Learners enjoyed taking time to think about the natural world and discuss the colours, patterns, and textures they could find in nature. They enjoyed using natural materials as inspiration for their artwork, demonstrating creativity, curiosity, and teamwork throughout the session. We are looking forward to seeing the club grow and discovering more ways to connect art with the natural world in the weeks ahead.



Bonfire Night Safety



As families enjoy Bonfire Night celebrations, please remember to stay safe. Attend organised fireworks displays where possible, keep a safe distance from fireworks, and never allow children to handle them. Sparklers can reach temperatures of over 1,000°C, so ensure children are supervised at all times and wear gloves when holding them. Please also take extra care around bonfires, keep pets indoors where possible, and remind children about road safety when travelling to and from events in the dark. We hope everyone has a fun, safe, and enjoyable Bonfire Night!



Bridge: Rudi and Erin

Avon: Tomszy

Banksy: Alex

Cabot: James

Concorde: George

Is My Child Too Ill for School?

Not every cough, cold or minor illness means your child needs to stay at home. The NHS guide below provides clear advice on common childhood illnesses, when children should attend school, and when they should stay at home to help prevent the spread of infection.

🔗 NHS Guidance: https://www.nhs.uk/live-well/is-my-child-too-ill-for-school/

We encourage all families to use this helpful resource when deciding whether their child is well enough to attend school.

Online Safety Update for Parents and Carers

As part of our ongoing commitment to keeping our learners safe online, we would like to share some important information regarding emerging online safety concerns linked to the gaming platform Roblox and online groups sometimes referred to as "Com" (Community) networks.

Recent media reports have identified examples of self-harm themed avatars, clothing, and links that may direct users towards unregulated online communities where harmful content can be shared. These networks have been associated with the encouragement of self-harm, exposure to inappropriate content, coercive behaviour, and the grooming of vulnerable young people through online chat platforms.

While platforms continue to remove content that breaches their policies, we encourage all parents and carers to remain vigilant, particularly if children are:

- Spending significant amounts of time on online gaming platforms.
- Using avatars, clothing, or profile features depicting injuries, self-harm, or violent imagery.
- Joining private chat groups or moving conversations from gaming platforms to external messaging services.
- Showing sudden changes in mood, behaviour, online habits, sleep patterns, or emotional wellbeing.
- Becoming secretive about their online interactions.

Advice for Parents and Carers

To help keep children safe online, we recommend:

- Reviewing privacy, communication, and parental control settings on gaming and social media accounts.
- Having regular conversations about online safety and encouraging children to speak up if something online worries them.
- Monitoring friend requests, private messages, and any links shared through games or social media.
- Reporting concerning content directly to the platform and seeking advice if you have safeguarding concerns.

How We Can Help

At Belgrave School, safeguarding remains our highest priority. We are sharing this information as a precautionary online safety update and will continue to educate learners about staying safe online.

If you have any concerns about your child's online activity or wellbeing, please contact our safeguarding team for support and advice.

Thank you for your continued partnership in helping to keep our children safe both online and offline.

Online Safety Update: WhatsApp

Parents and carers may find it helpful to be aware of some of the features and potential risks associated with WhatsApp, which has a minimum age requirement of 13+. The app allows users to send messages, make calls and participate in group chats, but it also presents some online safety considerations. These include pressure within group chats, exposure to public content through Channels, online scams, unwanted contact from others, location sharing, and the use of disappearing or hidden messages. WhatsApp also now includes advertising and AI-powered features.

To help keep learners safe, families are encouraged to regularly review privacy settings, discuss online behaviours openly, teach learners how to recognise scams, and talk about the difference between genuine content, advertising and AI-generated information. Open conversations at home remain one of the most effective ways to support safe and responsible use of technology.

PSHE/RSE Update for Parents and Carers

If you were unable to attend our recent PSHE/RSE information session, please do get in touch if you have any questions or would like further information about the topics your child will be covering this term.

This term's learning includes:

- Healthy Eating
- Self-Care
- Mental Health and Wellbeing
- First Aid
- Personal Budgets

I will also be available to speak with parents and carers at the Parents' Afternoon later this term and would be happy to discuss any aspect of the curriculum with you.

Many thanks,

Jacqueline Milliner
Assistant SENDCo, PSHE Tutor and EDI Lead

Words Matter

At Belgrave, we know that the way we speak to children can have a lasting impact on their confidence, wellbeing and development. We are supporting the important message from Words Matter, a charity dedicated to raising awareness of the effects of verbal abuse and promoting positive, encouraging communication with children.

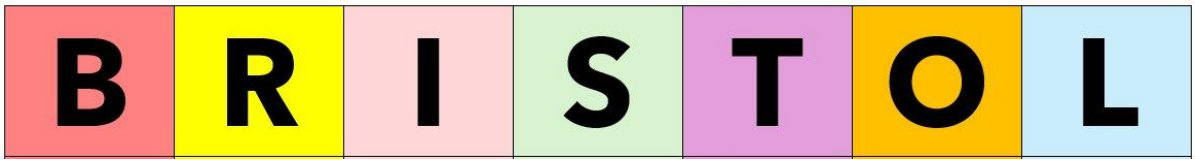
Their message is simple: words have power, and kind, supportive language helps children thrive. We encourage all parents and carers to take a look at the Words Matter website, which contains helpful information, advice and resources for families and professionals working with children:

https://wordsmatter.org/

"Let's build children up, not knock them down." This reflects a message that sits closely with Belgrave's values of kindness, respect and positive relationships.

words matter
help us end verbal abuse of children

Belgrave's BRISTOL Champions



Belonging Champion - Ben (Avon): For helping others feel welcome, valued and part of the Belgrave community.

Respect Champion - Alex (Banksy): For consistently showing respect to others, the environment and school expectations.

Inclusion Champion - Sophie (Avon): For including others and helping everyone feel involved and supported.

Safety Champion - Lilly (Bridge): For making safe choices and helping to create a safe environment for everyone.

Try Champion - Jack (Bridge): For demonstrating determination, resilience and a willingness to keep trying.

Ownership Champion – Jack C (Concorde): For taking responsibility for actions, choices and personal growth.

Learning Champion - Billy (Banksy): For showing curiosity, engagement and pride in learning.

Key Dates

9-20 November 2026

- Mock Examinations Fortnight

10 November 2026

- Banksy Class Trip to *Six the Musical*

26 November 2026

- Cabot Class Hinkley Point Science Trip

8 December 2026

- Parents afternoon/evening - information to follow

14-18 June 2027

- Year 10 Work Experience – information to follow


CRAFT CLUB!
Belgrave School
Tuesdays in the Main Hall
1pm - 1:20pm
With Miss Roberts
All welcome! Come and get creative!
Join us for fun crafts • Painting • Drawing • Paper Craft • and more!


TRADE
BATTLE
COLLECT
SHARE
PLAY
ALL
TRAINERS
WELCOME
POKÉMON
CLUB
GOT CARDS?
BRING YOUR PASSION!
BATTLE
PLAY AGAINST OTHER TRAINERS USING DECKS
USE A DECK
TRY OUT OUR PRE-BUILT DECKS OR BRING YOUR OWN!
TRADE
SWAP CARDS AND GROW YOUR COLLECTION
SHOW OFF
BRING YOUR FAVOURITE CARDS AND SHARE THEM WITH OTHERS
MONDAY & THURSDAY
12:40 - 1:20
EVERYONE WELCOME!
SAME GAME.
NEW FRIENDS.
A BRIGHTER TOMORROW.
COLLECT • BATTLE • TRADE • BELONG
GOTTA CATCH 'EM ALL!


DUNGEONS & DRAGONS CLUB
ROLL PLAY EXPLORE CREATE BELONG
IMAGINATION FRIENDSHIP ADVENTURE FOR EVERYONE!
THE MIDNIGHT CIRCUS
NOT ALL WHO WANDER ARE LOST...
NEW PLAYERS ALWAYS WELCOME!
STRANGE CREATURES
MYSTERIOUS PUZZLES
AMAZING STORIES
CAN YOU ESCAPE?
ADVENTURE
CREATIVITY
TEAMWORK
GREAT STORIES START HERE!
TUESDAY
12:40 - 1:20
AVON CLASS
ALL ABILITIES WELCOME
WE PROVIDE EVERYTHING YOU NEED
FUN, FRIENDLY AND INCLUSIVE
ROLL FOR A BRIGHTER LUNCHTIME!


DUNGEONS & DRAGONS
SAME GAME.
A BROKEN WORLD.
NEW STORIES.
ADVENTURE
SURVIVE
EXPLORE
REBUILD
WHEN THE SKY FELL... THE REAL QUEST BEGAN.
SOME WORLDS END. BETTER ONES BEGIN.
WEDNESDAY & FRIDAY
12:40 – 1:20
CONCORD CLASS
NEW PLAYERS WELCOME
ALL EXPERIENCE LEVELS
PLAY CREATE EXPLORE
IN A WORLD THAT NEEDS HEROES
ROLL FOR A BRIGHTER TOMORROW

Uniform Expectations

We understand the importance of comfort, particularly for many of our learners. However, we also want learners to take pride in their appearance and present themselves appropriately within the school community. Wearing suitable clothing helps create a positive learning environment and prepares learners for future education, training and employment settings.

Where possible, learners should wear:

- Belgrave School polo shirt
- Belgrave School hoodie or sweatshirt
- Comfortable clothing suitable for learning
- Safe and practical footwear

The following are not permitted:

❌ Revealing clothing (including vest tops, crop tops, low-cut tops, see-through clothing, visible underwear or short skirts)
❌ Beachwear or pyjamas
❌ Clothing with offensive, political, alcohol, drug or gambling-related messages
❌ Excessively ripped, tight-fitting or unsuitable clothing
❌ Unsafe footwear, including flip-flops, sliders, backless shoes or high heels
❌ Excessive jewellery or items that present a safety risk

Working Together

At Belgrave School, we believe that the best outcomes are achieved when learners, families and staff work together. We are committed to listening to our learners, valuing their views and creating an environment where they feel safe, supported and able to thrive.

Thank you for your continued support. We are looking forward to another successful year and to working together with our learners and families to create a positive, supportive and ambitious school community where every learner can flourish.

Bristol Parent Carer Forum
Shaping the Future Together

Free support for parent carers this October

Children are welcome at all Peer Support sessions. Ask us about bus fare refunds.

1 **Navigation & Nurture**
Complex Needs Peer Support with Murmuration
St Anne's House, BS4
10AM-12PM

1 **Bristol Parent Carers Peer Support**
Free education advice and support from SEND & You
Symes Centre, BS13
12:30-2PM

6 **Understanding Autism, ADHD & AuDHD**
with Neurodiverse Training
Online
6:30-8:30PM



8 **Bristol Parent Carers Peer Support**
Free education advice and support from SEND & You
Greenway Centre, BS10
9:30-11AM



12 **Understanding Dyslexia & Dyspraxia**
& other Specific Learning Differences with Laetitia Tempelman
Online, Recorded
7-9PM

14 **Bristol Parent Carers Peer Support**
Support from people who understand your experiences
Inns Court, BS4
10:30-12:30PM

15 **Let's Talk About SEND Support in School**
Your voice matters!
Online
7-8:30PM



15 **Bristol Parent Carers Peer Support**
Online
12-1PM



19 **School Transitions with Confidence & Calm**
with Murmuration
Online
12-2PM

21 **Bristol Parent Carers Peer Support**
Support from people who understand your experiences
The Old Library, BS16
9-11AM

22 **SEND Together Global Majority**
Support from people who understand your experiences
Junction 3 Library, BS5
10AM-12PM

Scan here to book your FREE session

https://linkbristolparentcarers.org.uk/gethelp

Need BSL or support with English? Just let us know when you book.

Bristol Parent Carer Forum
Shaping the Future Together

PRACTITIONER LED SESSIONS TERM 1

Supporting families who need extra help

At Bristol Parent Carers, we understand that parenting a child with Special Educational Needs and Disabilities (SEND) can sometimes feel challenging and overwhelming.

That's why we offer FREE sessions for families. Some are even recorded.

UNDERSTAND your child's needs

BUILD CONFIDENCE in supporting your child

LEARN practical strategies and approaches

CONNECT with professionals and other parents

We know that being a SEND parent comes with unique challenges, and we want to help lighten the load by giving you access to as many tools, skills and sources of support as possible.

You don't have to do it alone.

Sept 10 — EHCP Phase Transfer Reviews
Online
7-8:30PM

Sept 17 — Navigating Support in School Without an EHCP
Online
7-8:30PM

Sept 23 — School Based Anxiety and School Trauma, incl EBSA
Online
7-8:30PM

Sept 24 — A Guide to Support, Services and Speaking Up
Greenway Centre, BS10
10AM-12PM

Sept 28 — Neurodiversity Without a Diagnosis
Online
7-8:30PM

Oct 6 — Understanding Autism, ADHD and AuDHD
Online
6:30-8:30PM

Oct 12 — Dyslexia, Dyspraxia and other Specific Learning Differences
Online
7-9PM

Oct 19 — School Transitions with Confidence and Calm
Online
12-2PM

Scan here to book your FREE session

https://linkbristolparentcarers.org.uk/gethelp

Need BSL or support with English? Just let us know when you book.



Upcoming Inclusion & SEN Friendly

Bristol Parent Carers – SEND Coffee Mornings & Workshops



Various locations across Bristol

Free events for parents & carers

Bristol Parent Carers run a wide range of inclusive, low pressure events including:

- SEND coffee mornings in North, South and Central Bristol
- Workshops on sensory processing, anxiety, additional needs and more

These sessions help families meet others, understand local services and access nonjudgemental support.

Event listings:

https://www.eventbrite.com/o/bristol-parent-carers-7809612275

Organisation website:

https://www.bristolparentcarers.org.uk

Bristol SEND Events Calendar (Ongoing Inclusive Sessions)

A continually updated calendar of inclusive events, activities, support sessions and workshops for children and young people with additional needs, curated by Bristol Parent Carers and local SEND organisations.

Calendar:

https://www.bristolparentcarers.org.uk/events/

ARE YOU WORRIED ABOUT ANYTHING?

Family worries? Bullying? Racism? Anxiety? Social media? Unsafe behaviour? Drugs? Sexuality? Self-harm? Homophobia? Substance abuse?

I need someone to talk to.

I'm worried about a friend.

I need help!

Designated Safeguarding & Prevent Lead



Gwen



Just remember you can speak to ANY member of staff about ANYTHING at ANY TIME - we are here for you.

Deputy Designated Safeguarding Leads

Speak to us. We're here to listen to you!





Amy and Karen

Remember our online safety rules and be smart on the internet!

